

Building for the Future

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Volume 6 Number 4
Hinton Community School
Hinton, Iowa 51024
November 1999

<http://www.hinton.k12.ia.us/hinton/home/>

School Calendar Changes

By Mr. Al Steen

On Monday, October 11, 1999 the Hinton Community School Board amended the school's calendar. The changes pertain to three voluntary inservice days, scheduled in March, April and May.

The days of March 22, April 25, and May 18 are scheduled as teacher inservice days. Due to a variety of reasons, these days will not be used for inservice. Students **will have** school on March 22, April 25, and May 18. Therefore, the last day of school for all students **will be** Tuesday, May 23.

The School Board is to be commended for continually self-evaluating past decisions, and making changes when necessary. Through frequent self-evaluation and self-reflection we will improve and progress as a school district.

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We Need Your Blood!

By Travis Boetger

The High School Student Council is sponsoring the annual fall blood drive on Friday, November 5 from 9:00 AM - 4:00 PM in the school library. The Siouland Blood Bank operates the blood drive with the support of the Hinton School Student Council.

The Student Council is working very hard to make this a very successful blood drive once again. One of the Sioux City radio stations will be on hand with live broadcasts. The goal of this blood drive is to top last year's collection of 51 pints. The goal for this year is 65 pints.

There are no appointments needed. If you want to schedule an appointment, please call the Principal's Office (712)947-4328.

The Siouland Community Blood Bank serves all of the blood needs of 13 area hospitals and their patients. The only way people can get blood when needed is through the blood bank. So please come in and give to a good cause.

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Night of the Notables

By Ms. Janell Heimgartner

Be sure to mark Tuesday, November 9 on your calendar! This is the evening you can come to the school and learn many interesting facts about notable people. Some of the featured notables include Henry Ford, Cleopatra, Napoleon, Juliette Low, and Fred Wells. It will be held in the muliti-purpose room at 6:30 PM to 8:00 PM.

The Hinton After Prom Committee will meet in the library at 7:00 PM on the following dates:

- 11/18/99
- 1/20/00
- 2/10/00
- 3/16/00
- 4/13/00
- 5/11/00

All parents of junior and senior students are encouraged to attend.



Blackhawk Birdie Fest '99

By Mr. Al Steen

On Saturday, October 2 the first annual Blackhawk Birdie Fest Golf Tournament was held. Sixteen teams participated in the 4-person best-shot tournament. The tee time had to be delayed approximately one hour due to an early season snowfall. The tournament became a "classic" as teams teed off with snow on the fairways and greens. Mother Nature cooperated, and the snow disappeared soon after the tournament began.

The tremendous support shown through hole sponsorship, prize donations, food donations, and participation allowed the athletic department to raise \$4,000 for our track-resurfacing project.

A special "thank you" to the Deer Run Golf Course and the volunteers that helped make this fund raising event a success. All patrons of the district are encouraged to express their gratitude to the following hole sponsors and businesses that donated prizes:

Hole Sponsors: (\$100/hole)

Steve Schultz Custom Homes, Hinton Community Education Association, Hinton Civic Club, General Fire & Safety, Combined Pool & Spa, BAK Honda, Weinrich Truck Line, Golf Headquarters, Grandy Pratt Insurance, The Hitch & Buggy, Auto Pride Car Wash, Hinton Farmers Co-Op, Fremont Tire, Independent Brokerage & Ins., Thousand Insurance, School Specialties, American Express, Braunger Foods / Langel's Plumbing Heating, Dr. Rich Rodgers, Country Tax, Indian Hills Medical Clinic, C.W. Suter (5), Prairie State Bank, IBP, Midwest Computers, Wilson Trailer, Taco Johns / Craigs Wholesale.

Prize Donations:

HyVee, Walmart (LeMars), Hinton Co-op, Sharon's Embroidery, 4's Co Hair Salon, Jostens, His and Hers, Applebee's, Golf Headquarters, Hauffs Sporting Goods, John and Mary Daniels, Terry Dahlquist, Hinton Parent Association, Taco Johns, Little Chicago Deli, Opportunities Unlimited, Harkers, T's to Pleez, Long Branch, Performance Tire, WITCC, Briar Cliff College, Macelester College.

Leap into the Millenium and Read! Come and Celebrate the Joy of Reading!

By Mrs. Diane Joanning

Hinton Community's annual Reading Fun Night will be held November 16, from 5:00 to 8:00 PM. Our purpose is to promote reading at home and at school. Everyone is invited to come to the supper. Parents have the opportunity to listen to author Connie Heckert from Bettendorf, Iowa present the importance of reading and writing. Meanwhile, students will be listening to various celebrity readers reading their favorite stories. There will also be door prizes such as T-shirts, golf balls, gift certificates, and books plus many more. Students and parents will be able to buy new and used books at the book fair, and we will have the very popular treasure jars again this year. If you have attended this event before, you know how rewarding it is for your child and you!



Students Hard at Work

By Desktop Publishing Class

The 1999-2000 desktop publishing class edits this year's newsletter. We are working hard every month to keep the community updated and informed about school events. This year's class consists of six students instructed by Mr. Dave Attrill. These students are Abbey Smith, Danielle Hay, Mike Mattheis, Michael Oien, Trevor Ploeger, and Zach Lanning.

Projects that we plan to work on throughout this year will include the elementary; as we will incorporate technology into their classroom projects and activities.

We will also be working on the Hinton School web page. Various graphic programs will be used in this class to incorporate what we

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pages, and adding elementary pages. If anyone has any comments or suggestions about the web page, please let us know. Come and check out our progress at www.hinton.k12.ia.us/hinton/home.

Subs Under Umbrellas

By Mrs. Jan Heimgartner

What do subs, umbrellas, and fun have in common? They all have the short u sound. The first grade students had fun learning the short u sound by making sub sandwiches and eating them under umbrellas. They also enjoyed drinking 7-Up, the Un-cola. The activity culminated a "fun" day which included making words with magnetic letters, singing songs, and meeting Ugboo from planet UgUgUg. Phonics can be fun!



members. We have an outstanding, professional teaching staff. Our staff is committed to helping your students succeed. This is evident by all of the time and effort they put forth preparing for your students. Our support staff is also exceptional. They display a great deal of pride in their jobs, as they know what they do is important and does affect students. Our support staff is to be commended for the caring attitude they exhibit. School boards face many difficult decisions. We are fortunate that our school board desires to do what is best for kids. Our board is dedicated to students and will do everything within their power to do what is best for all concerned. As the school staff reflects and strives to improve, we will be driven by our school board's priorities, which are: 1) Student Achievement and Assessment. 2) Long Range Planning. 3) Maintain Sound Fiscal Management.

Self-reflecting on my first four months in the Hinton Community School District has proven to be very rewarding for me. It has reinforced my belief that we have an exceptional school. A school that desires to be progressive and will do everything possible to help prepare our students for the future. As our motto states we are, "Building For The Future".

The Power of Reflecting

By Mr. Al Steen

It is my strong belief that we progress and improve through self-reflection and self-evaluation. With the first quarter ending during the middle of October, all staff members were encouraged to self-reflect on their teaching and the progress of their students. This also appears to be an appropriate time for me, as your new superintendent, to share some of my observations and self-reflections relating to our school and community.

My first observation relates to our students. I have found our students to be very friendly, caring, and courteous. This is a direct reflection on you, the parents. You should be very proud of your children, as they are representing you very well. Having experience in six other school districts, I can emphatically state we have good students! One of our goals should be to continue to work with our students, to help them develop into productive and caring citizens, now and in the future. We can do this by following the old adage, "If you

want it, teach it". We must continually teach our students how to become more responsible, more respectful, and more caring towards all.

As new members of the Hinton Community, my family and myself have been very impressed with everyone's friendliness and willingness to make us feel "at home." It is obvious that the community has a feeling of "family" and takes pride in itself. Our community is neat, orderly, and well maintained. Each homeowner and the city can be proud of their appearance. One goal we should have would be to develop a stronger working relationship between the city and school. With state and federal resources becoming more and more scarce public entities must work together for effectiveness and efficiency.

To have an effective school you need good staff members. You need caring, dedicated and motivated staff members. This not only includes teaching staff, but would also include support staff and board

Kindergarten Authors

By Mrs. Laurie Bird

Books, books, books! The kindergartners just love to be read to and have enjoyed many books this fall. Class favorites include "Miss Spider's ABC"; "Apple Pie"; the many versions of "Goldilocks" and the "Three Bears"; and "Brown Bear, Brown Bear, What Do You Hear?" Along with the enjoyment of listening to good literature, the children are thrilled to create their own versions of their favorite stories. Illustrating and writing their page of the class book is a proud accomplishment that is celebrated by sharing the completed version together. Please recognize the efforts of our young authors and the stories they share – they could be the next Eric Carle or Laura Ingalls Wilder!

At Home Support Systems

By Mr. Mark Wilson

With the mailing of this newsletter, we will have already started a new nine week quarter. The first day of school, the first varsity contest, the first test, and homecoming 1999 are well behind us. Another activity that occurs in the first six weeks of school is Parent-Teacher conferences. A time where parents and educators got together to talk about one important issue, the education of your son or daughter.

During conferences, this fall, I was fortunate to speak with 42 groups of parents. Some conferences were with Mom and Dad, some just Mom, and some just Dad. The most frequent question asked at conferences is "what can our son/daughter do to improve their grade?" To most, the response pertains to reviewing the day's material somewhere outside of the classroom.

Studies have shown that in the course of a 24-hour period, students will forget over 50 percent of

the material covered in that previous days class. Reviewing material at sometime during the same day will drastically increase memory recollection of the day's information. Many students will go back and review a day's class objectives by completing homework or rereading text materials. Others may review a day's objectives by referring to their notes. Others, unfortunately, will not do any of the above and this is where the support system needs to kick in.

Once again, studies have shown that students with a good support system backing them will, most probably, be more successful than individuals who are by themselves.

A support system is the family. The family members that are willing to spend time, effort, and money to help another family member complete a school task. Remember those special 8:00 PM trips to Menards for lumber, to a hobby store for volcano supplies, or Staples for a special type of pencil? That is a support system.

Support systems can also aid a student in retaining memory of a

day's classroom objectives. It does not have to be a time consuming process, just a few well structured questions that require specific answers is all that is necessary.

"What did you learn today?" is not the right question to ask.

Questions such as, "What did Mr. Rusk speak about today?" or "What were your biology objectives today?" are more specific.

This type of questioning will make students recollect the days activities and help them retain the information they might have possibly lost. Answers such as "I don't know" are unacceptable. Expect your student to give you an educated answer. The time involved is only a few minutes. It allows for family communication while helping students retain information.

So, support systems have a good school year. I hope you do not have to make too many late night runs. Please remember, though, you are a valuable aide to your son or daughter's education.

Perspectives from a first year football coach

By Mr. Travis DeWalt

I can remember sitting in Mr. Hart's office trying to persuade him that I was the right man for the job. I found myself volunteering for anything and everything trying to make myself seem more marketable. (Sleep is over rated, so I thought.)

"Sure I would be interested in coaching the jr. high football team!" with a smile. How tough could it be, I had watched it over a dozen times at numerous Superbowl celebrations. Hut, Hut, Hut, and then throw the ball to a catcher or someone, assign a few push-ups, and yell a lot. It could not be much different from my experiences in coaching wrestling.

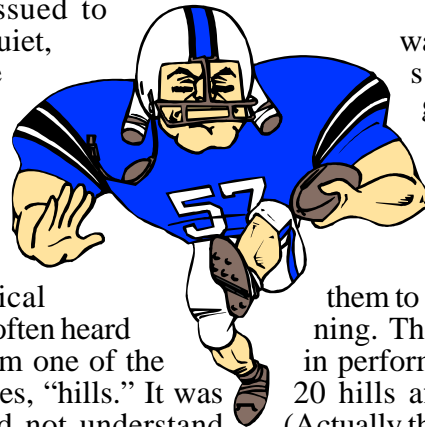
The first day came and suddenly I was in front of 40 extremely hyperactive kids throbbing at the mouth and seemingly always beating on one or two individuals. My

first command issued to them was to be quiet, followed by please be quiet. It appeared that I over estimated their auditory capabilities.

I then shouted the magical word which I had often heard being shouted from one of the two varsity coaches, "hills." It was amazing, they did not understand quiet, but they knew how to run hills.

After a while their listening capabilities worsend as they got in "hill running shape," as did our win loss record as the season progressed (*Any correlation?*)

During this time, we endured some hard fought losses. Our last minute "fourth and 50 yards "Hail Mary" attempts only fell short as we continuously struggled putting points on the board.



The effort was there; it was not uncommon to see some of the seventh graders doing 100's of push-ups by my side as I shouted encouraging words to the eighth graders.

I encouraged them to engage in more hill running. They became so engaged in performing well that they ran 20 hills after a game one time. (Actually this was due to some lack of self control in the language that was used by those players.) I am concerned that the players perform appropriately so as to develop proper self esteem.

As of this writing there is one game left, and my first coaching stint is under my belt, I can only offer the team one last piece of advice, "Keep working at it, Rome wasn't built in a day."

Building Traditions with Reading

By Mrs. Darcy Kuchel and Mrs. Diane Joanning

On September 22 the fourth graders along with many helpful and patient volunteers began to sew a patchwork quilt. We read the story "The Patchwork Quilt" by Valerie Flournoy. It was about a grandmother teaching her granddaughter about family traditions through the sewing of patchwork quilt squares.

With family members helping us sew, we began making traditions in our classrooms through our own patchwork quilt squares. The students enjoyed the experience and learned a lot from our visitors. The quilt will represent each student and be followed with memories to last a lifetime.

Second Graders Enjoy Folk Tales

By Mrs. Laurie Law

Second graders chuckled as they discovered humor in the folk tale Henny Penny. This tale was rewritten as a play and the students read and responded to it in many ways. One way of responding to this folk tale was by writing Henny Penny jokes and riddles.

Alicia Jessip wrote "Why did Ducky Lucky wear ear muffs when he went swimming?"

"Because he didn't want the fish to tickle his ears!"

Justin Ream wrote "Why did Ducky Lucky stand on his head?"

"Because he wanted a headache!"

Another way the second graders responded was by making puppets for the characters in the play. They worked hard to read their characters' lines using expression. Parents and other classes were invited to watch as several groups presented the play. The plays were a big hit and were enjoyed by all!

Following our work on giving the play we were excited to go to Morningside College to see the musical, "The Emperor's New Clothes."

Before going to the musical we listened to several versions of this folk tale. Good discussions were had over how a story can be retold and have many different versions. To the second graders' delight, they found that the character So, in "The Emperor's New Clothes" had a lot in common with the character Henny Penny. These two characters did not learn from their experiences. Both second grades decided they would learn from life and would be smarter than So and Henny Penny were!

**HPA meetings.
They meet at 7 PM
on these dates:
November 18
December 15
January 18
February 16
March 16
April 13
May 11**

Sixth Graders Collect Box Tops

By Mrs. Diana Clark

To help raise funds for their trip to Springbrook Environmental Center at Guthrie Center in May, sixth graders are involved in a unique program designed by General Mills. It's called Big G Box Tops for Education.

The students are busy collecting and clipping the box top logos from many of their favorite cereals and food products. The logos are on at least 60 different General Mills products, Lucky Charms, Trix, Cheerios, Wheaties, Nature Valley Granola Bars, and Yoplait Yogurt multipack products, just to name a few.

We are asking for your help in this collection. Please turn in your box tops to the school in care of any sixth grader or to Diana Clark, coordinator.

Thank you.

Special Speaker Visits eighth Grade Health Class

By Mr. Bruce Held

Mr. Held's eighth grade health class was treated to a presentation by Mr. Joe Henmen one day last month. Joe is a special man who has a brain injury resulting from a drinking and driving accident some years ago. The class was studying alcohol at the time, so Joe's speech fit right in.

Part of Joe's brain is permanently damaged as a result of the accident. He has almost no short-term memory. He remembers things from his past, but nothing recently. One of the good points to this affliction, according to Joe, is he can watch the same video every night, and he thinks he's watching it for the first time! Another good thing that came out of this accident is we now have a dynamic speaker who wants to share his message to kids to help them realize that there are consequences for every choice that we make.

Joe did an excellent job, and the students were very appreciative for his message. It had a big impact. Thanks to Kevin Negaard, from Opportunities Unlimited, in Sioux City, for bringing Joe out to see us. Kevin is our certified athletic trainer for our athletic teams. Opportunities Unlimited, located in Indian Hills, is a residential treatment facility for brain injured patients.



L - Kevin Negaard
R - Joe Henmen

What is Success4

The Success4 School Improvement Initiative is an integrated approach for assisting schools with their school improvement efforts. It is designed to address the challenges children and youth face in the areas of social, emotional, intellectual and behavioral development. The initiative offers a framework of collaboration for families, school, and communities so they can come together to improve the learning environment for Iowa children.

Who Does It Help?

The Success4 School Improvement model supports family, school and community groups working together to assess needs, plan a response to those needs, implement necessary changes, and evaluate their work. Success4 assures that goals set at the local level are supported throughout the system, all the way up to the State Department of Education.

Why?

The signs are all around us of the kind of complex place the world has become with juvenile drug abuse, violence, crime, relationship problems, declining achievement scores, and teen-aged pregnancy. Success4 is not a solution in itself; it is a process and support to kids, families, schools, and communities and the solution is found within kids, families, schools, and communities.

Who Is Involved?

Ten grants were given to local school districts or buildings within districts for Success4 activities. Those sites are Hunt Elementary, Sioux City, Galva-Holstein School District, Denison High School, Cherokee Middle School, Anthon-Oto/Maple Valley School District, Hinton School District, Battle Creek-Ida Grove School District, Woodbury Central School District, Holy Family Catholic Schools, Sioux City, and Irving Elementary, Sioux City.

What Do They Need To Do?

The grant sites are asked to use the following four areas to guide their goal setting: 1) Skill development in social, emotional, intellectual, and behavioral development is essential to student success. 2) Families and schools must work in partnership in order to best support their youth. 3) School personnel must have the training and resources necessary to support and enhance the social, emotional, intellectual, and behavioral development of youth. 4) Community partnerships are essential to creating better responses to social, emotional, intellectual, and behavioral needs.

Success4 Vision

Iowa Children and youth will experience success throughout life.

Success4 Mission

Iowa needs to become a place where school, families, and communities work together to provide the skills children need to succeed in school and throughout life.

Success4 is an initiative that will support schools in planning and carrying out their school improvement plan. It has resources for sharing best practice strategies and new ways to enhance the success of their plans including technical assistance and follow-up. Simply stated, Success4 is about making possible success for kids, families, schools, and communities by developing social, emotional, intellectual, and behavioral competencies. If you would like additional information, please call AEA 712-274-6000 or 1-800-352-9040, Ext. 6014.

Fourth Graders Learn the Study Skills Workout

By Mrs. Mary Daniels
K-6 Counselor

Fourth grade marks the beginning of nightly homework for many students. How to make the most of the time spent doing homework is a challenge. Students in Mrs. Kuchel's and Mrs. Joanning's fourth grades have been learning a physical workout routine that teaches them tips on how to do their homework to the best of their ability in the shortest amount of time necessary.

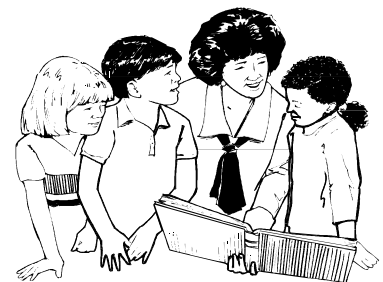
Kids like this approach because it helps them do well in school and have time in the evening to do the things they want to do. The workout goes like this: A number of physical exercises are linked to good study habits. The students perform the workout and are reminded of how to study effectively.

For example, running in place for thirty seconds reminds students to "GO to a quiet place to work". Arm stretches help students to "gather necessary materials together." Trunk twists remind students to sit in a straight-backed chair in order to "stay alert." Students plug in an imaginary lamp while performing deep knee bends so that they keep their minds active. (Research indicates that dim light tells the brain that it's time to relax and rest.)

Finally, doing windmills simulates checking off assignments as they are completed. Students have found that doing the exercises before they study energizes them. They like the idea that staying in shape can not only help them physically, but also can help them to do their best in school.

Reading Night is coming

- *Mark your calendars for Nov. 16
- *Plan on having a great time
- *Come to hear celebrity readers
- *Save plastic jars
- *Round up good used books
- *More details to come





Playground Project

By Mr. Peter Stuerman

The school playground looks different with the help of approximately 50 volunteers from the community. The volunteers of preschoolers, students, parents, and grandparents worked on Saturday, October 9. They placed 70 railroad ties, hung 140 feet of chain for the swings, moved pea rock, swept and painted the playground. This was truly a community project organized by the Hinton Parent Association.

As a new person in the community, I was impressed with the volunteers and the work completed by the people of Hinton. The project was estimated to take six hours and was completed in three due, to the large number of volunteers. After the project, the FCA served a meal. It was a great project with great people.



I appreciate all the hard work by the community and HPA.

Thank you,
Peter Stuerman
Elementary Principal
Hinton Community School

Thanks to the Hinton Fire Department



Fire Prevention Week

By Mrs. Jan Heimgartner

Members of the Hinton Volunteer Fire Department brought some of their equipment to the school for Fire Safety Week. Fire Chief, Brad Held, stressed the importance of practicing escape routes at home and having a meeting place outside. He also answered questions from students in grades K-6. The students are use to fire drills at school and they learned that fire drills at home are just as important.

Fifth Grade Features

By Mr. Matt Leary

It is hard to believe that the leaves are falling, snow is flying, and we are already in the second quarter of this school year. We have a fantastic class of 27 hard-working and determined fifth graders. We have spent a lot of time working on being a good role model in our community, as well as being a responsible student in all academic areas. We took a field trip to Northwestern College in Orange City, and saw the play, Mr. A's Amazing Maze Plays, on October 21, and we were excellent representatives for our town and our school.

In reading class, we are working the theme, "Trials" that test us. We will then take a break from our textbook, and read the novel, My Side of the Mountain, and complete some activities that go along with the novel. In math we are working on chapter five of our math textbooks and are working on multiplying by one-digit numbers, as well as finding areas and volumes of figures.

In language arts, we are continuing our study of the different parts of speech, by learning about action verbs and linking verbs, as well as pronouns, and how to use them in context. In social studies, we are discussing native Americans, map skills, handwriting, spelling, and journaling are constant subjects that we will complete activities in all year long. Also, we look forward to Deputy Steckelberg coming in every Thursday for D.A.R.E. class. Plants and how they make their own food is our topic on hand in science class.

Thank you for the support you give your children. Hinton surely is a wonderful school and community to be a part of, thanks to all of you.



Students Learn the Importance of Eating Nutritious Food

By Mrs. Ann Mosher

"Seeing is believing." That is how teachers describe their students' response to the animal feeding demonstration sponsored by Midland Dairy Council. Third grade students see first hand the positive effects of a nutritious diet. Students learn that what they eat, at all times of the day, is important to growth and development.

The students in Mrs. Mosher and Mrs. Galvin's classrooms are participating in the animal feeding demonstration this semester.

The animal feeding demonstration is a five-week nutrition education program. Two white, littermate rats are raised in the classroom. One rat is fed a nutritious diet of foods from the five food groups, foods from the milk, meat, fruit, vegetable and grain food groups. The other rat is fed snack food such as candy, chips and soft drinks... foods with many calories and few nutrients. Students monitor the activity, growth, appearance and dispositions

of both rats. After two weeks, an obvious difference can be seen in the rats, showing the positive effect of a nutritious diet. Milk is then added to the diet of the test rat and students see that he begins to grow and his appearance and his disposition improve. This clearly demonstrates the importance of milk in a diet. At the beginning of week four, food from all five-food groups is added to the diet and changes are even more noticeable.

Carol Hicks, director of the animal feeding demonstration, is sold on the program and says, "Students study the effect of different nutrients on the human body.

By the end of the project students relate what they have observed with the rats to their own growth and development. Hopefully, they are impressed for a lifetime with the importance of eating a healthy diet that includes at least three servings of milk and is based on the five food groups."

The program has been a project of the Dairy Council for over thirty years and is very popular with teachers and students. Midland Dairy Council sponsors the animal feeding demonstration to elementary schools throughout its service area in Kansas, Missouri, and Western Iowa.



Used Children's Books Needed

For Reading Fun Night

November 16, 1999

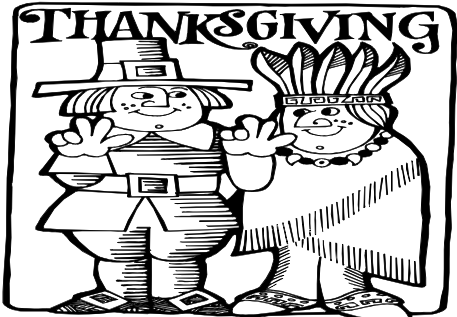
Place in book box located in Elementary hallway by

November 10, 1999.

November 1999

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
	1	2	3 First Round Football Playoffs TBA	4 HPA Rollerskating 6:30-8:30	5	6 JH Honor Band @ Storm Lake HS Honor Band Aud. @ Storm Lake																																																																																											
7	8 Girls BBall Practice Starts 	9 Night of the Notables 6:30-8:30 PM	10	11 NHS Induction 7:00 PM	12	13																																																																																											
14	15 Boys BBall & Wrestling Practice Starts Board Meeting 7:00 	16 Reading Night 5:00-8:00	17	18 Mid-Term All-State Music Festival @ Ames	19 All-State Music Festival @ Ames JHBBB v. MMC (H)	20 All-State Music Festival @ Ames 																																																																																											
21	22 GBB v. MMC Jamboree (T)	23 JHGGB v. WC (T) 4:00 JHBBB v. WC (H) BBB v. East Jamboree (T)	24	25 Thanksgiving- No School 	26 No School GBB Hwy 75 Tourney @ North	27 GBB JV Tourney @ S.C. North 10:30 AM GBB Hwy 75 Tourney @ North																																																																																											
28 	29 JHGGB v. LB (T) 4:00 JHBBB v. LB (H) 4:00 G/B JVBB v. RU (T) 6:30	30 JHBBB v. AW (T) G/B VBB vs. Westwood (T) 6:30	<table border="1"> <thead> <tr> <th colspan="7">October</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td></td> </tr> <tr> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> </tr> <tr> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> </tr> <tr> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> </tr> <tr> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> </tr> <tr> <td>31</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		October											1	2		3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							<table border="1"> <thead> <tr> <th colspan="7">December</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> </tr> <tr> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> </tr> <tr> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> </tr> <tr> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> </tr> <tr> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> </tr> </tbody> </table>		December										1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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November Lunch

<p style="text-align: center;"><u>1</u></p> <p>Breakfast Pizza Fruit and Milk Tater Tot Casserole Corn Peaches Brownies Milk</p>	<p style="text-align: center;"><u>2</u></p> <p>Omlets Fruit and Milk Chicken Fried Steak Mash Potatoes Fresh Fruit Bread Milk</p>	<p style="text-align: center;"><u>3</u></p> <p>Cereal and Donut Fruit and Milk Pizza Green Beans Pears Bread Milk</p>	<p style="text-align: center;"><u>4</u></p> <p>Breakfast Burrito Fruit and Milk Mac and Cheese Corn Pineapple Homemade Roll Milk</p>	<p style="text-align: center;"><u>5</u></p> <p>Sausage Egg Buscuit Fruit and Milk Taco Salad Mixed Fruit Jello Bread Milk</p>
<p style="text-align: center;"><u>8</u></p> <p>Pancakes and Ham Fruit and Milk Chicken Noodle Soup Cheese and Crackers Carrot Stick Fresh Fruit Milk</p>	<p style="text-align: center;"><u>9</u></p> <p>Cheese Pockets Fruit and Milk Fistada Pears Green Beans Oatmeal Cookie Milk</p>	<p style="text-align: center;"><u>10</u></p> <p>French Toast Sticks Fruit and Milk Corn Dog Tri Tator Pineapple Pudding Milk</p>	<p style="text-align: center;"><u>11</u></p> <p>Banana Squares Fruit and Milk Hamburger Pickle Potato Wedges Ice Cream Bar Mix Fruit and Milk</p>	<p style="text-align: center;"><u>12</u></p> <p>Sausage Bites Fruit and Milk Fish Sandwich Mash Potatoes Pumpkin Bar Corn Peaches and Milk</p>
<p style="text-align: center;"><u>15</u></p> <p>Cereal and Donut Fruit and Milk Chili Cheese and Crackers Pears Corn Bread Milk</p>	<p style="text-align: center;"><u>16</u></p> <p>Cinnanmon Pastries Fruit and Milk Chicken Nuggets Mash Potatoes Mix Fruit Bread Milk</p>	<p style="text-align: center;"><u>17</u></p> <p>Homemade Muffin Fruit and Milk Spagheti Mix Veggies Pineapple Garlic Bread Milk</p>	<p style="text-align: center;"><u>18</u></p> <p>Breakfast Sausage Fruit and Milk Scalloped Potatoes and Ham Peas and Peasches Peanut Butter Cookie Milk</p>	<p style="text-align: center;"><u>19</u></p> <p>Ham on Buscuit Fruit and Milk Soft Taco Applesauce Fruit Bar Bread Milk</p>
<p style="text-align: center;"><u>22</u></p> <p>Breakfast Pizza Fruit and Milk Chicken Patty Mash Potatoes Green Beans Fresh Fruit Milk</p>	<p style="text-align: center;"><u>23</u></p> <p>Cereal and Donut Fruit and Milk Goulash Applesauce Salad Jello Cake Milk</p>	<p style="text-align: center;"><u>24</u></p> <p>Granola Bar Fruit and Milk Pizza Corn Pears Icy Bread and Milk</p>	<p style="text-align: center;"><u>25</u></p> <p style="text-align: center;">No School</p>	<p style="text-align: center;"><u>26</u></p> <p style="text-align: center;">No School</p>
<p style="text-align: center;"><u>29</u></p> <p>Cereal and Donut Fruit and Milk Hot Dog French Fries Mix Fruit Carrot Stick Milk</p>	<p style="text-align: center;"><u>30</u></p> <p>Ham and Cheese Pocket Fruit and Milk BBQ Chicken Sandwich Green Beans Pinnapple and Tri Tater Milk</p>	 <p>THANKSGIVING</p>		