

# *Building for the Future*

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Volume 6 Number 3  
Hinton Community School  
Hinton, Iowa 51024  
October 1999

<http://www.hinton.k12.ia.us/hinton/home/>

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## School Improvement Advisory Committee

*By Mr. Allen Steen*

The Iowa Legislature has passed a bill commonly referred to as House File (HF) 2272. This piece of legislation deals with accountability for student achievement through a comprehensive school improvement plan. This plan is to be developed to increase the learning, achievement, and performance of all students.

HF 2272 states that the school board shall involve the local community in decision-making processes as appropriate. The Hinton Community School Board has appointed an advisory committee made up of parents, community members, teachers, students, and administrators. This committee will be charged with the task of making recommendations to the board. The committee will need to analyze much data and make recommendations on:

Major educational needs

Student learning goals

Long-range goals specifically relating to reading, math, and science achievement

Progress towards achievement of board adopted goals

Members of the Hinton Community Advisory Committee include:

Parents: Diane Hay, Esther Coffman, Loren Field, Greg Geshe

Community Members: Lori Doeschot, Stan Saunders, Irene Jones, Dan Klimmek

Students: Nick Nelson, Katie Huggenburger, Leathen Richards

Teachers: Dan Hudek, Diane Joanning, Mark Wilson

Administrators: Kevin Hart, Al Steen

School Board Member: to be determined

This advisory committee has many challenges before them. It is our hope the committee will be well informed, dedicated and helpful to the Hinton Community School. We have good students, a good community, good staff, and community pride in our schools. I hope that the advisory committee will build on these assets and help prepare our students for the 21st century. When considering any recommendation the committee will be guided by one key motto: "Always do what's best for kids".

A special "thank you" to everyone that volunteered to serve on the advisory committee. We look forward to working together throughout this school year.

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## Night of the Notables

*By Ms. Janell Heimgartner*

Be sure to mark Tuesday, November 9 on your calendar! This is the evening you can come to the to the school and learn many interesting facts about notable people. Some of the featured notables include Henry Ford, Cleopatra, Napoleon, Juliette Low, and Fred Wells. We hope to see you there! It will be held in the muliti-purpose room at 6:30 PM to 8:00 PM.

## Elementary Art

By Ms. Chris Johnson

Students have many different learning styles. Some are auditory learners and can grasp information best if they hear it. Others do better visually. If they see something, they remember the information better. In the elementary art program, I often try to tie what we learn in art to what is being taught in the classroom. This makes learning interesting and helps students



better remember the information presented. In these early weeks of school, the classroom teachers have been willing to coordinate

what they are doing in their reading program with the area of art. Third graders have read "The Goat in the Rug", a story about a Navajo weaver. In the art classroom we learned about weaving. We cannot make a rug as large as Glenmae did, but we are weaving mug rugs.

Kindergartners have learned the rhyme; There was an old woman who lived in a shoe. The children illustrated the rhyme in art class by cutting and gluing a shoe, turning the shoe into a house, then drawing their version of the old woman and her many children.

Fourth graders are reading "The Patchwork Quilt". Children will design one quilt block in their art class. Then back in the classroom, with the help of volunteer mothers and the classroom teacher the blocks will be pieced together into a quilt.



Sixth grade students will soon be drawing self-portraits to coordinate with a meology project.

Coordinating art with classroom studies really does make learning interesting and fun, whatever our learning style is.

## Track Project

By Mr. Al Steen

The Hinton Community School track is in need of resurfacing. The track has been repaired the past two seasons; however, it is deteriorating to the point that it may become unsafe for our students and community to use. The school board has been studying this project since last spring. Bids were received at the July 26 board meeting. The low bid for the project was \$71,093. This would be a polyurethane resilient surface applied to the track area, high jump runway, and the long jump runway.

The school board has decided to postpone this project until next spring or early summer. The school district's Physical Plant and Equipment Levy (PEPL) fund currently has a large enough balance to cover this expense; however, it would leave this fund with virtually a zero balance. This fund is used to repair roofs, buildings, and to purchase equipment that is needed. We feel it would not be fiscally responsible to allocate all of these funds to one project.

The athletic department has been given the challenge to raise between \$25,000-\$40,000 for this project. Mr. Bruce Held, Athletic Director, will be working with the staff and community coordinating this fund drive.

Our track is a valued asset to our school and community. Many people use the track during the day for walking and running. It is our hope that everyone will become involved with this project to ensure it is a success.

## Standardized Testing in October

By Mrs. Mary Daniels and Mr. Dan Hudek

Hinton students in grades two through eight will take the Iowa Tests of Basic Skills (ITBS) in the morning hours of the week of October 4-8. Students in grades nine, ten, and eleven will take the Iowa Tests of Educational Development during the same week. Scores on these tests help teachers and parents assess a student's annual growth in a number of skill areas and they give an indication of how a student's performance compares to other students in Iowa and in the nation. Parents are asked to take special care to see that their children get a good night's rest and a nourishing breakfast during the testing period. Parents with questions about the ITBS or ITED tests are urged to call Mrs. Daniels or Mr. Hudek at 947-4328.

## Spaghetti Supper

By Mrs. Tami Little

Chairperson for Hinton Parents for R.I.F.

The Hinton Parents for R.I.F. is sponsoring a Spaghetti Supper on October 29, 1999 before the Hinton-Gehlen football game. Dinner will be served from 5:00-7:15 pm. Cost is \$3.00 for adults and \$2.00 for school age children. Everyone is welcome!

Each student in the elementary grade listed is asked to contribute the following items:

Kindergarten—1 lb. package of spaghetti noodles

First Grade—finger food dessert (dozen bars or cookies)

Second Grade—container of Parmesan sprinkle cheese

Third Grade—1 lb. package of baby carrots

Fourth Grade—celery (washed and cut)

Fifth Grade—loaf of sliced Italian bread

Sixth Grade—finger food dessert (dozen bars or cookies)

If you are unable to get to the grocery store and still want to help, you may send \$1.00 in place of the grocery item. If you write a check, please make it payable to Hinton Parents for R.I.F. Please have your child bring all items to the library the week of October 25th.



## 5D HAPPENINGS

*By Mr. Gary Dehoff*

We are off to an outstanding start in Mr. Dehoff's fifth grade class. We have 28 students this year. Our interests range from reading books to riding horses. Some important rules to live by in our class are: 1.) Give your best effort 2.) Respect others 3.) Be honest 4.) Do the right thing because it is the right thing to do.

In reading class the theme is "challenges" that are faced and handled by students just like us. In math we are sharpening our skills in the areas of place values of whole numbers and adding and subtracting of whole numbers.

In language we are trying to make sense out of sentences. Maps are our focus in social studies. Animals without backbones is the topic of discussion in science class.

We hope to make great improvements in the academic area as well as the social areas. We do a very nice job in school. We are a credit to our parents, our school, and our community. Thank you all for your support.

## BAROOOOOM went the Thunder!!

*By Mrs. Ann Mosher*

Have you ever known a child that has been afraid of a thunderstorm? Well, the third graders in Mrs. Galvin and Mrs. Mosher's room have the perfect remedy for you!

Patricia Polacco called the story Thundercake. The story was about a little girl that is afraid of thunderstorms. Her grandmother showed her how to make a thundercake during a storm to ease her fear. The little girl even learned to tell how far away the storm was.

With our third grade classes, we made thundercakes. The weather did not cooperate, but we still had a great time! We shared the story with our first grade buddies and even gave them a piece of our delicious cake. If you want the recipe, ask Mrs. Mosher, Mrs. Galvin, or any third grader. You could even purchase the book at the bookstore.

A special "thank you" to the parents who helped out: Mrs. VanderPlaats, Mrs. Book, and Mrs. Baker!

## Hinton Junior High and High School Educators Take Aggressive Steps to Improve Reading Levels

*By Mrs. Julie Johnson*

The Accelerated Reader program was implemented this fall to help Hinton students become better readers. It is a computerized reading management program designed to build lifelong readers, spur development of critical thinking skills, boost scores on reading tests-including performance-based assessments, dramatically increase library circulation, and allows for individualized instruction.

The program is simple. Each student selects a book to read from the Accelerated Reader book list. Next, students get points based on the quality, quantity, and difficulty level of their book, and they get instant feedback of results after they take a computerized quiz over the book.

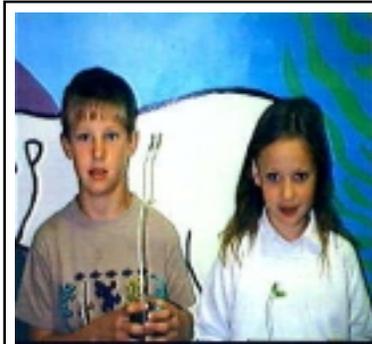
The English teachers have set aside one day a week for students to read their Accelerated Reader books. This day can also be used to take the computerized quizzes. At Hinton, students are selecting books that haven't been checked out for several years, reading those books, and successfully completing those quizzes for points.

The points are used to determine a portion of their grade for their English classes. In addition to earning a grade, the library is managing the school-wide award program. Once a student earns a 100 points, they will be given a small award. Getting 150, 200, and 300 points can earn additional awards. This way a student who has surpassed the English class goal, has another goal to strive for in the school-wide Accelerated Reader program.

## Fourth Grade Science is FUN!

*By Mrs. Darcy Kuchel*

The motto that all fourth grade science students knows this year is that "Science is Fun!" Currently students are learning the steps of scientific experimentation by completing a series of hands on lab reports. The children are working on a unit dealing with the adaptations that plants and animals make due to various stimuli and circumstances. Rather than just reading about this topic from a textbook, the students are observing this situation through a real life experience. Each student planted a seed. Once it sprouted, we introduced different stimuli to different plants. Stimuli, such as placing some in the closet to deprive sunlight, placing some a few inches from the window ledge, and placing some sideways to observe all of the various results. Each day the students anxiously checked their plants to see how the plant adapted to survive in its new environment. This method of instruction not only creates opportunity for students to scientifically reason, but proves that science is a fun, exciting subject to be enjoyed by everyone!



Sample of Students Plants

## Reading Night is coming

- \*Mark your calendars for Nov. 16
- \*Plan on having a great time
- \*Come to hear celebrity readers
- \*Save plastic jars
- \*Round up good used books
- \*More details to come

## Choose that Post-Secondary Institution “Special Nights” and Scholarships

By Mr. Dan Hudek  
7-12 Guidance

For the class of 2000, the time is now to make a decision and complete an application for the post-secondary institution of your choice. It is important to apply early for most scholarships. Many scholarship opportunities are available through colleges or technical schools, and early application may increase your opportunity of earning a scholarship.

A number of parents have called the guidance office with concerns about their graduating seniors. I would like to encourage parents to call if you have questions concerning your student. Important dates: College Night at Lemars High School 6:30 to 8:30 on October 11, all junior and seniors are encouraged to attend. —Tri-State College Fair 1:00 to 4:00 on October 17 at Marina Inn South Sioux City, NE, all juniors and seniors are encouraged to attend. There will be a Financial Aid Night in December; watch the Blackhawk for dates and times.

Scholarships are available through many different sources. The first place is the post-secondary institution one chooses. A parent's place of employment may provide scholarship opportunities; a third area is through local scholarships. Organizations and companies that provide scholarships are another location. Parents and students should investigate scholarships of all kinds. I have available, in the guidance office, applications for most scholarships with the exception of those obtained through parent's work. In addition, students may access the Internet under the auspices of the guidance office to explore scholar-

ship opportunities. The Blackhawk will contain information each month concerning scholarships and financial aid.

## Marketing—It's the Real Thing

By Mrs. Jane Kauzlarich, Marketing  
instructor

Marketing class is a relatively new addition to Hinton High School. It is a full-year class, although students may join second semester if scheduling permits. Marketing may be defined as “the process of determining consumer needs and then directing products and services to meet those needs.”

That brief description pretty well sums up what we do in marketing class—we deal with the various aspects of free enterprise—product, place, price, and promotion. In the process, we engage in hands-on reality, hopefully having fun while doing so! This month the students will be interviewing an owner or manager of a local business and will then present their findings to the class. In addition, we will have several guest speakers who are successful entrepreneurs in northwest Iowa.

Next month the students will create a new restaurant for the community of Hinton—local cafes needn't worry, as these will be fictitious! However, the young restaurateurs will design their buildings, devise menus, and brainstorm some enticing special promotions.

Later in the year, students will form partnerships to create a new product or service and then will compose a slogan, select a target market, make a billboard, and produce both a radio ad and a television commercial. Some especially valuable “reality checks” are the field trips we take to local businesses, including manufacturing plants and advertising

firms. By touching base with individuals actively involved in various aspects of marketing, we hope that Marketing class truly is “the real thing.”

## Elementary Student Council Elected

By Mrs. Mary Daniels

Students in grades four, five, and six had first-hand experience with the democratic process on Tuesday, September 14, when they voted for classmates to represent them on this year's Elementary Student Council.

Elected from fourth grade were Nathan Freed, Michael Mehrer, Katie Olson, and Katie Lahn. Fifth grade representatives are Joel Vondrak, Tim Ryan, Brecca Schindel, and Stephanie Dittmer. Representing the sixth grade are Casey Mitchell, Travis Van Holland, Sara Dehner, and Nathan Sessoms.

The student council will elect officers at their first meeting. The purpose of the Council is to create a sense of unity among members of the elementary school community, to provide elementary students with leadership and organizational experience, and to provide opportunities for all students to contribute to the overall well-being of the elementary school through a democratic process.

Throughout the year the Student Council plans and carries out service projects, involving all students in grade kindergarten through six. In October, they will be actively promoting Red Ribbon Week, October 24-30. Members of the Hinton Community are invited to display red ribbons that week as a reminder of the need to promote healthy lifestyles, free from illegal drug and alcohol use. Congratulations to the new Elementary Student Council members.

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## First Graders are Tongue-Tied

By Mrs. Diane Culver and Mrs. Jan Heimgartner

Sammy Seal saw seven submarines.

If Sammy Seal saw seven submarines,

Where are the seven submarines, Sammy Seal saw?

Try saying that two or three times really fast. That is one way first graders are reviewing their consonant sounds. The students are learning a tongue twister for each consonant sound. Students are given practice in saying the sounds and are doing it in a fun way! Students are not expected to read the tongue twisters, although some are able to. After the students are given the tongue twister sheets, they circle the words that begin with that letter. This is done to reinforce the difference between letters and words. If you see a first grader, ask them to say one of the tongue twisters!

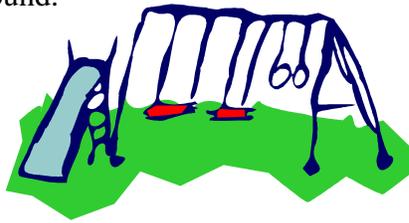
## Sprucing up the Playground

By Mr. Peter Stuerman  
Elementary Principal

The school in cooperation with the HPA has decided to look at the playground and make some cosmetic improvements and add a couple of items. Currently the playground has seventeen swings, two tunnels, five slides, a rocket, monkey bars, and three tire swings. The grass playground has room for soccer and football. The asphalt playground has two basketball courts with baskets ten feet high. The latest addition to the playground was the universal playground and soccer nets purchased by the HPA a couple of years ago.

With the cooperation of the HPA we have plans to improve the

playground and add two more basketball hoops. Most of the work will be moving rocks, landscaping, and painting. HPA and the school will work together on the project. I would like to see as many people as possible attend a workday to help SPRUCE up the playground. This is a LARGE project and with a little help from everyone it will take a short amount of time. Bring a shovel and some gloves so you can enjoy working with all the other people. October 9 at 8:00 AM is the date and time to SPRUCE up the school playground.



**HPA meetings.  
They meet at 7 PM  
on these dates:**

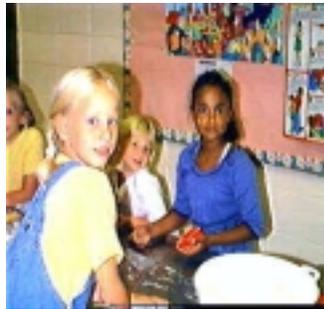
**October 21  
November 18  
December 15  
January 18  
February 16  
March 16  
April 13  
May 11**



## Second Graders Study Stars!!

By Mrs. Amy Eaton

Both second grade classes have been busy talking about nighttime. They have talked about animals that are nocturnal, shadows, nighttime sounds and



stars. During our study of stars the students learned about the colors, temperatures, how stars are formed and the names of different stars.

Do you know? "Many stars are bigger than our sun. They are called red giants," said Anne Kallsen.

Taylor Plendl said, "The hottest stars give off the blue light." "Red stars are cool," stated Mackenzie Small.

Dylan Ohl said, "Stars live a long time then they explode. We call this a supernova."

After reading the story, the students made star shaped sugar cookies. The stars were frosted red, yellow and blue indicating the different temperatures. The

second graders then took a field trip to the Senior Center to share their cookies and knowledge about the stars. Everyone enjoyed all the learning (and eating) too!



## Quilts

By sixth grade teachers

Sixth grade students have begun to stitch. Each class will construct quilts from 8-inch squares. These quilts will be donated to children who are in pediatric units and shelters in our area. This service project is part of the students' life skills class. Our goal is about 25 quilts.

To accomplish this feat, we are asking for donations of material (sturdy, but lightweight 100% cotton), white thread, lightweight quilt batting, yarn, and sewing needles. If you have any of these items, you may drop them in the box located in the elementary office as soon as possible.

We will keep you up dated as squares are stitched.

Thanks

Your Sixth Grade Teachers

Mrs. Clark  
Mrs. Jordt  
Ms. Wright

## SUMMER LIBRARY PROGRAM DRAWS CROWDS OF READERS

By Mrs. Kathleen Coffin

Over 200 Hinton area children participated in "Summer Adventures in Reading" at the Hinton School Library during the six-week program this summer.



Participants enjoyed storytime, activities, games, crafts, and heard speakers talk on subjects

such as area wildlife and pioneers.

On Beanie Baby Day, students bounced their animals on a parachute and wrote a Beanie Baby adventure story. Clowns entertained during one session as they learned how to properly care for books. A real snake slithered across a long line of kids' legs to show they were friendly critters. "Our main purpose was to keep students reading throughout the summer," said Mrs. Coffin and Mrs. Rogosheske who jointly ran the program. "We wanted to make it convenient for kids to check out books here in our community."

Twelve student volunteers

helped in each summer session by registering children, checking our books and helping with games and activities. Thanks go to Jeana Bresnahan, Peter Coffin, Amy Held, Emily Howe, Brittany Nelson, Katie Roehrich, Jimmy Ryan, Lacey Schlessler, Staci Smith, Karl Towns, Darin Van Holland, and Jonathan Youtzy.



## Kindergarten News

By Mrs. Laure Bird

The school year is here and that means there are new supplies, new clothes, new haircuts, and new faces. One of those new faces belongs to Mrs. Cook, our new kindergarten teacher. She lives in Sioux City with her husband and daughter and is very familiar with Hinton. Mrs. Cook is a Hinton alumness! Along with getting her



room ready and coaching volleyball, she is looking forward to a great year.

Kindergarten has a new look to it this year in that the children will be attending school all day, every day after the first nine weeks. Getting to know one another and beginning to learn the school setting is what the kindergartners are currently learning.

Our next unit of study will be nursery

rhymes.

One of the best indicators of how well children will learn to read is their ability to recite nursery rhymes when they walk into kindergarten. It's sad to say that children today do not know them as successfully as students once did, therefore, we will be spending some time on this unit.

Thematic units, letter of the week, word of the day, visual phonics, and the all important element of providing time by allowing our students to attend every day, will lay a solid foundation for our children's success.

## Traffic Flow

By Mr. Kevin Hart

Parking and traffic concerns are always in need of review and revision. As everyone knows we have parking, pick up, and drop off concerns for students. In an effort to aid in traffic flow before school and after school, we ask that parents, students and visitors follow the proposed traffic flows. These traffic flows will start on October 1.

At the start of the day – prior to school starting- we ask that all drivers who are coming in from the north gate, only go south around the curve on the northeast side of the property. This is the direction that the buses take to off load students and congestion would be lessened making the situation safer.

Conversely, we ask that the parents that are picking up students at the end of the day go out the north gate. Once again, this is the direction that the buses are going

and it would be safer if we can get all vehicles to move in the same direction.



We have asked the high school students to go this way and we now ask all parties to leave the grounds this way.

The east entrance (Grand Street) is still used both directions before and after school.

The easy way to remember is "North at Night and South at Start." I hope this is not an inconvenience for anyone and if you have comments or suggestions, please call and express those suggestions.



## Meet the Newest Member of the Brainy Bunch

By Mrs. Tami Little

This summer I was one of forty educators selected to attend a workshop for translating brain research to classroom practice. My instructor, Pat Wolfe, is known around the world for her work with teachers and neuroscientists.

I am now certified to train other educators in the area. I will teach sixth graders ways to use their brain during their four-week exploratory block. I will also conduct training for our teachers at Hinton.

If you are interested in learning more about the brain with your children at home, go to the web site:

<http://faculty.washington.edu/chudler/introb.html>



Mrs. Tami Little and Ms. Pat Wolfe



**First Aid for Young People-** This is class for boys and girls ages 10-15 interested in learning basic first aid. Topics to be covered in the class include choking, frostbite, heat stroke, poison, and burns. There will also be a CPR demonstration during the class. First Aid for Young People satisfies the Boy and Girl Scout merit badge requirements. There are two classes remain-

ing in 1999, September 25 and November 13. The classes run from 8AM to 12 noon in Floyd Valley Hospital's Conference Center, room 1. The cost of the program is seven dollars payable prior to the program. Please call 546-3401 or 1-800-642-6074 ext.401 to register.

**Home Alone-** This class is for boys and girls, ages 8 to 12, that may stay home alone before school, after school, or other periods of time. The class offers safety information, first aid tips, helpful stay-at-home hints, getting ready for school, and preparing snacks. There are two classes remaining in 1999, October 9 and December 11. The classes run from 8AM to 11AM in Floyd Valley Hospital's Conference Center Room number one. The cost of the program is \$5.00 payable prior to the

program. Please call 546-3401 or 1-800-642-6074 ext.401 to register. Space is limited.

**Babysitting-** This class is for boys and girls ages 11-15 interested in learning tips for babysitting. Topics to be covered in the class include diapering, feeding, what is expected of you as a babysitter, and emergency information. November 6 is the last remaining class in 1999. The classes run from 9AM to 3PM in Floyd Valley Hospital's Conference Center Room 2. The cost of the program is ten dollars payable prior to the program, which includes a snack, lunch, and the materials. Please call 546-3401 or 1-800-642-6074 ext. 401 to register. Space is limited.

## LOCAL SCHOOL NEEDS YOUR HELP TO EARN FREE EDUCATIONAL RESOURCES!

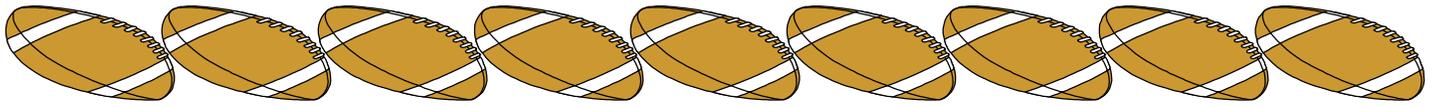
Hinton Community announces its 1999/2000 Campbell's Labels for Education™ program Label Collection Drive!

Hinton Community is asking students, parents, teachers, and friends in the community to support us by collecting Campbell's ® product labels for its Campbell's Labels for Education™ drive. With this support, Hinton Community will earn additional educational resources just by redeeming Campbell's product labels!

Campbell's products eligible for redemption in the program include Campbell's ® soups, Pepperidge Farm ® bread, cookies and Goldfish ®, V8 ® and tomato juices, V8 Splash® juice, Franco-American ®, SpaghettiOs ®, Prego ® sauces, Swanson ® broth's and poultry and Foodservice products.

Campbell's Labels for Education™ program has provided schools nationwide with more than \$80 million dollars worth of equipment. All schools in the U.S. and U.S. military installations are eligible to participate. For more information on how to be a part of Hinton Community's Campbell's Labels for Education Label Collection Drive, contact Janet Held, coordinator at Hinton Community.

*Campbell's*  
**Labels for Education**



# October Calendar 1999

<p>1</p> <p>Early Dismissal 1:00 FB @ Alta</p>	<p>2</p> <p>VB-WEC Tourney @ LeMars 9:00 AM</p>
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<p>3</p>	<p>4</p> <p>JV FB @ RU JHVB vs. SB-L (H) VB vs. AW (H) HPA Rollerskating 6:30-8:30</p>	<p>5</p> <p>JHFB vs. WS (H) VB @ Gehlen XC @ Kingsley</p>	<p>6</p> <p>XC @ George</p>	<p>7</p> <p>JHVB @ KP</p>	<p>8</p> <p>FB vs. LB (H) XC @ WS</p> 	<p>9</p>
<p>10</p>	<p>11</p> <p>XC- WEC @ MMC College Night @ LeMars 6:30 Board Meeting 7:00</p>	<p>12</p> <p>JHVB @ WS VB @ MMC</p> 	<p>13</p> <p>XC @ Orange City</p>	<p>14</p> <p>VB vs. Spalding (H)</p>	<p>15</p> <p>FB @ WS</p>	<p>16</p> <p>JH Honor Band @ Storm Lake</p>
<p>17</p>	<p>18</p> <p>JVFB vs. AW (H) JHVB vs. RV (H) VB Disticts TBA</p>	<p>19</p> <p>End of 1st Quarter JHFB vs. AW (H)</p>	<p>20</p> <p>FHA District 12 @ Sioux City</p>	<p>21</p> <p>HPA 7:00 PM XC Districts @ Lake City</p> 	<p>22</p> <p>FB vs. MMC (H)</p>	<p>23</p> <p>All-State Aud. @ Storm Lake</p>
<p>24</p>	<p>25</p> <p>JVFB vs. North (H) 6:30 PM</p>	<p>26</p>	<p>27</p>	<p>28</p> <p>Pops Concert 7:00</p> 	<p>29</p> <p>FB vs. Gehlen (H)</p>	<p>30</p>

31  
Halloween



September

			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30			

November

	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					

S M T W T F S

# October Lunch Menu



1

**Ham Biscuit**  
**Fruit and Milk**  
 Lasagna  
 Applesauce  
 Peas  
 Bread and Milk

**Menu Subject to Change**

<p>4  <b>Breakfast Pizza</b>  <b>Fruit and Milk</b>          Sloppy Joe          Tater Tots          Pears          Chocolate Cake          Milk</p>	<p>5  <b>Cereal</b>  <b>Donut</b>          Fruit and Milk          Chicken Nuggets          Mashed Potatoes          Peaches          Bread and Milk</p>	<p>6  <b>French Toast</b>  <b>Fruit and Milk</b>          Turkey Chow Mein          Green Beans          Pineapple          Cinnamon Roll          Milk</p>	<p>7  <b>Cinnamon Roll</b>  <b>Fruit and Milk</b>          Hot Dogs          French Fries          Mixed Fruit          Brownies          Milk</p> 	<p>8  <b>Omlet</b>  <b>Fruit and Milk</b>          Scalloped Potatoes          and Ham          Carrot Sticks          Fresh Fruit          Roll          Milk</p>
<p>11  <b>Cinnamon Pastries</b>  <b>Fruit and Milk</b>          Cooks' Choice</p> 	<p>12  <b>Breakfast Sausage on a Stick</b>  <b>Fruit and Milk</b>          Beef Stew          Applesauce          Bread          Sugar Cookie          Milk</p>	<p>13  <b>Blueberry Muffin</b>  <b>Fruit and Milk</b>          Crispito          Chips and Salsa          Bread          Mixed Vegetables          Milk</p>	<p>14  <b>Cereal</b>  <b>Donut</b>  <b>Fruit and Milk</b>          Chicken Patty          Mashed Potatoes          Pineapple          Donut          Milk</p>	<p>15  <b>Breakfast Burrito</b>  <b>Fruit and Milk</b>          Soft Taco          Peaches          Bread          Ice Cream Sandwich          Milk</p>
<p>18  <b>Sausage Biscuit</b>  <b>Fruit and Milk</b>          Cheeseburger          Pickles          Tri-tater          Fresh Fruit          Corn          Milk</p>	<p>19  <b>Ham and Cheese on Roll</b>  <b>Fruit and Milk</b>          Baked Potato          W/ Broc, Ham, and          Cheese          Applesauce          Icee          Roll and Milk</p>	<p>20  <b>Granola Bar</b>  <b>Fruit and Milk</b>          Ham on Bun          French Fries          Pears          Apple Crisp          Milk</p>	<p>21  <b>Mini Pancakes</b>  <b>Fruit and Milk</b>          Fistada          Mixed Fruit          Green Beans          Bread          Milk</p>	<p>22  <b>Cereal</b>  <b>Donut</b>  <b>Fruit and Milk</b>          Spaghetti          Mixed Vegetables          Pineapple          Garlic Bread          Milk</p> 
<p>25  <b>French Toast Sticks</b>  <b>Fruit and Milk</b>          Chili          Cheese and Crackers          Pears          Corn Bread          Milk</p>	<p>26  <b>Omlet</b>  <b>Fruit and Milk</b>          Tuna Noodle          Casserole          Peaches          Peas          Bread          Milk</p>	<p>27  <b>Cereal</b>  <b>Donut</b>  <b>Fruit and Milk</b>          Goulash          Applesauce          Corn          Bread          Milk</p> 	<p>28  <b>Scrambled Eggs W/ Ham and Cheese</b>  <b>Fruit and Milk</b>          Mr. Ribb          Potato Wedge          Fresh Fruit          Peanut Butter Cookie          Milk</p>	<p>29  <b>Ham Biscuit</b>  <b>Fruit and Milk</b>          Fish Nuggets          Mashed Potatoes          Mixed Fruit          Bread          Milk</p>