

Building for the Future

B
l
a
c
k
h
a
w
k



Volume 10 Number 9
Hinton Community School
Hinton, Iowa 51024
May 2004

Our B.E.S.T. Year

By Ms. Sue Martens

This is the last quarter of our B.E.S.T. school year (Building Every Student's Talents). Our themes so far this year have been BEST in Testing, BEST in Behavior, and BEST in School Work. Our final quarter's theme is BEST of Class. On March 24, teachers and students spent time defining a classy individual. Some of the characteristics they came up with included students who: have good manners and are nice to everyone, are well-groomed and tastefully dressed, are hard workers, are respectful and considerate, and strive for quality in all they do. The teachers select one student each week from each grade, 6-12, that they feel exemplifies some of the characteristics of a classy individual. Those students are honored by receiving a certificate and having their picture posted in a BEST of Class display case. We feel that we have many classy students at Hinton Community School and hope that all of our students will strive to be part of our "Class Act."

Hinton High's Math Club

By Mrs. Krista Nelson

Every year since I have taken over the math club, it has grown in numbers. I want to believe it is because the students want to be in the club to enrich their mathematical lives but many tell me it is for the cookies. Even though they think they are here for the cookies, they are still improving their math skills as they eat. Once a month the math club gets together and completes a six-question test that is given from a national group called the Math League Press. The math skills needed range from Algebra up to some trigonometry. Any student in grades 9-12 can be a member. Even though freshmen have a slight disadvantage because they have not had the classes that the upper classmen have had, I still encourage them to come and partici-

pate. This way, when they get to be seniors, they will be used to the kinds of tricks the math league press puts into the questions. The math club works a few concession stands through out the year to raise money for the entry fee into the Math League Press, but also to raise money for the math club scholarship, which is a \$200 scholarship given to one senior who has been a member of the math club and is planning on pursuing a major related to mathematics. Members of the math club are recognized at the awards assembly at the end of the year, awards are given to the students in each grade level who achieved the highest score from all six tests, and an overall award is given to the student with the highest score. It is a tight race this year and it is going to come down to the last meeting. The following students are members of the math club: Freshmen Cheree Coffman; Sophomores Tara Christensen, Jessica DeRocher, Meghan DeRochie, Delainye Hardersen, Logan Hines, Ehi Oamen, Jenni Popken, Kaylee Small, Adam Teut, and Hans VanderPlaats; Juniors Landon Beaver, Shannon Cowan, Kyle Foss, Cassie Frerichs, Maha Jarmakani, JaMaine Mauer, Hayley Milton, Ashley Nashleanas, Kyle Rodgers, Annie Sitzmann, Darin Van Holland, Bridget Yoerger, and Jonathon Youtzy; Seniors Amanda Anderson, Katie Fischer, Mallori Gray, Tim Grothe, Rachel Hawthorne, Nick Hay, Kyle Hays, Jill Lacey, and Daniel Youtzy.



My D.A.R.E. Essay

By Kelsey Anfinson

Many kids start using drugs and alcohol because their friends ask them to. If I am in a situation where drugs or alcohol is offered to me, I will say no. Smoking is the number one cause of lung cancer. Knowing that there are more than 200 poisons in tobacco scares me because my dad smokes, and I do not want anything to happen to him. Smoking can cause many health problems and even death. Teenagers often think smoking makes them cool. Cigarettes are so addictive once they start they cannot stop. Some people smoke marijuana thinking it will make them feel good. The effects of marijuana are interfering with short-term memory and the ability to concentrate. Marijuana smokers also have more colds and upper respiratory problems. Alcohol use is popular among teenagers and easy for them to get. Every kind of alcohol has the same effect on your body because one beer has as much alcohol as one glass of wine. I know how to say no to drugs. I know someday I will be faced with the decision to use alcohol, tobacco, and other drugs. I will say no because I want to live a long healthy life.

My D.A.R.E. Essay

By Jade Norton

I learned a lot in dare class. I learned what to do and what not to do. Dare also taught me what choices I should make. This class let me know what drugs could do to your body. Drugs could give you lung cancer, heart disease, and you would stink as in having bad breath.

Advertisement is very attractive to some people because you see it everywhere or could see it on newspapers, magazines, and even on racecars.

In addition, if you cannot stop smoking, drinking, or chewing tobacco you should try gum. Gum is way better than smoking or any other type of drug because it does not let any smoke in your body and a cigarette does. I would rather chew gum any day!

Smoking or other drugs are really bad for athletes. It could slow down their movement. It could make them so dizzy that they would not know what they were doing.

I am so glad that we have to learn about my body and my health. Thank you, Dare, you helped me a lot!

My D.A.R.E. Essay

By Kaleb Hays

I learned a lot in Dare, such as how bad drugs are to your body. Officer Steckelberg was nice and a good speaker to us all. Drugs are really bad and I learned more ways about how it can affect our performance in sports, school, and other ways too. I learned that smoking tobacco could affect how you play in sports because tobacco can affect your breathing and you breathe hard in physical activity. Drinking beer will eventually go down on your memory and school for kids will start being harder. Officer Steckelberg told us about a story of a kid who got involved with drugs and when he was arrested, he talked to Officer Steckelberg and told him about how the kids should really listen when he talks about peer pressure. He said if you choose the wrong people to hang around just being in the same room when they are smoking or drinking gives you pressure to do what they are doing. I am glad our school has Dare so kids will understand how bad drugs are and how to deal with them. I hope you liked my report because I learned a lot in Dare this year.

DARE Essay

“My Opinion for Drugs”

By Austin Schwaderer

I learned many facts about drugs in D.A.R.E. The number one thing I learned is that all drugs are bad and do not even think of using them if you want a healthy life. Alcohol is a very serious thing just as the other drugs are. It can damage every organ in your body and could lead to a coma or even death. Marijuana is a lot worse it has 50% to 70% more cancer causing chemicals than tobacco and if you use marijuana it can cause an increased risk of cancer. Some things I learned about tobacco is that it can cause cancer in many places of the body. Over 400,000 people die each year and most of them started using it before the age of 18. I want a healthy life and I think you should choose one too (my personal opinion)!

I have learned how to define a situ-

ation if someone asks you to take drugs or if you think about taking them yourself. Another thing that helps me make wise decisions would be I look up to Officer Steckelberg because he is drug free and he has a healthy life.

When I grow up, I do not want to do drugs because it will affect my brain and body mentally and physically. I want to be a smart, intelligent, loving, caring father, doctor, and friend. I do not want drugs to get in the way.

Everyone has to make their decision in life and when that time comes be smart and answer wisely. Say! No! to drugs.

I pledged to DARE class that I will not even touch drugs or use them and I will not be involved with people who use them either.

My D.A.R.E. Essay

By Jaci Dehmer

In the DARE program I learned a lot about smoking and alcohol and what it can do to you. In your lifetime, you see many smokers. Some of them are good people; they just chose the wrong thing. If you start to do drugs, you might get hooked on it. Alcohol is another bad thing for your body just like smoking. The D.A.R.E. program has helped many people not to do drugs or alcohol. It has taught me to make wise decisions; about tobacco, marijuana, alcohol and what to do if you have a friend doing drugs, peer pressure, personal pressure, and what to do when you run into drugs or alcohol. Drugs and alcohol are terrible things you can get hooked on. Drinking and doing drugs interfere with driving. It can be bad if you drink and drive at the same time because it causes to not focus as well. Some people use drugs and alcohol to forget about their problems, but it only makes things worse. Sometimes staying away from alcohol and drugs might mean losing friends. To stay away from drugs you might make a deal with your friends. Tell them if you stay away from drugs, I will help you to stay away from them.

My D.A.R.E. Essay

By Nick Beeck

What I learned in D.A.R.E. classes was that drugs could kill somebody in no time. They are very dangerous. I know that I will not use drugs when I grow up. I think drugs should have never even been made by people. If nobody made drugs then more people would be alive right now! I learned that over 400,000 people die each year from smoking. If you play sports and smoke that can cause shortness of breath.

Marijuana smoke contains 50% to 70% more of some cancer causing chemicals. Marijuana can cause short-term memory loss and ability to concentrate. Marijuana affects your ability to judge distance, speed, and reaction time.

There is more tar in tobacco than other drugs. If you drink alcohol, you can affect your school performance. There are many ways to say no to any drug. Like "no thanks" and "No Way, do you know what that stuff can do to you?" Too much alcohol can slow down the body and even shut down organs in your body. It could lead to coma and even death. Teenage bodies are still growing; therefore, alcohol affects them more severely than adults. It can also affect your school and sports. If you are with others who are drinking, there is an increased risk of injury in car crashes and violence. Per serving of beer, wine, and liquor, all contain about the same amount of alcohol. Alcohol goes directly to your blood stream and can increase your risk of a variety of diseases like cancer, coma and any other diseases and even paralysis or death.

My D.A.R.E. Essay

By Riley Wenzel

This year was a really good year for me because I had DARE. I enjoyed it because it was fun and I learned a lot.

I learned about peer pressure and how people are going to try to make me do things I do not want to do like drugs. I now know about all of the different kinds of drugs like marijuana, tobacco, and alcohol. I also learned how

all of the drugs could affect you. They can affect you by slowing you down, making you make the wrong choices; it could cause shortness of breath or even lung cancer. If you go to a party with alcohol or any other kinds of drugs, you should leave right away. You could be arrested even if you were not doing the drugs.

I learned many helpful and interesting things in DARE but the most important thing I learned is how to stay away from drugs. I know I will remember all of the useful things I learned in DARE. Especially now, after DARE, I know I will never do drugs. I really hope that they continue this program. The End!

My D.A.R.E. Essay

By Emily Knop

Mr. Steckelberg taught my class and me about respect and responsibility. He taught us that we should respect yourself, friends, and parents. He taught us that there is many different kinds of tobacco. I know two, one is chewing tobacco, and the other is smoking tobacco. They both can affect your body. Chewing tobacco can affect your mouth, as you can lose teeth. He told us that marijuana and any other kind of drug is addictive and can give you cancer or you could even die. Alcohol can affect your health and slows down your brain and body. Peer pressure is when you are with a group that is doing the wrong thing. My responsibility as a peer is to say no, walk away, or try to change the subject. I respect my self enough to know that drugs are bad for me and those around me. Taking charge of my self is choosing not to smoke tobacco or marijuana, not to drink alcohol or do drugs. I choose to set a good example for my friends and others around me by working hard on my schoolwork, playing fair, and being a good friend to everyone. Thank you, Mr. Steckelberg.

Free Pre-School For Your Child!

Mid-Sioux Opportunity Inc., has been the grantee for the federally funded Head Start pre-school program since 1967. The service area for Head Start includes Cherokee, Ida, Lyon, Plymouth, and Sioux County. All Head Start centers are funded for a maximum enrollment of twenty children who range in the age from 3-4 years old.

Head Start is a free pre-school program, but some guidelines for eligibility do apply.

Mid-Sioux Opportunity staff work together in delivering direct services to Head Start children from the middle of September to the middle of May. Team leaders, teachers, and classroom aides provide a developmentally appropriate program to the children for a minimum of four hours each day in the areas of health, dental, nutrition, and mental health, as well as educational readiness activities. In addition to this, nurses monitor the children's daily health needs as well as make certain the children maintain other requirements such as updated immunizations. Family Service Workers provide parental involvement services to the children's parent or guardians for a comprehensive approach to family needs.

Mid-Sioux Head Start centers are located in Rock Rapids, Rock Valley, Sioux Center, Orange City, Akron, LeMars, Cherokee, Ida Grove. Mid-Sioux also operates a state funded Child Development program in Hawarden. Transportation is provided to these Head Start centers in most cases.

We are beginning to take applications now for the 2004-2005 school year. If you are interested in learning more about the Head Start program, or if you know of someone who is, please call 1-800-859-2025 for more information.

Give your child a Head Start in life
1-800-859-2025

Megan Uhl Is Hinton DECA's First State Champion!

By Mrs. Amy Brighton

Sophomore Megan Uhl has recently qualified for the DECA International Career Development Conference in Nashville, TN scheduled for May 1-4. Megan competed in Technical Sales Marketing. She was to assume the role of a marketing representative for a company that sells technical products/services to a potential buyer (judge). Prior to the conference, she prepared a sales presentation for the product to target market customers as described in the initial instructions. She completed a 20-minute presentation to the judge worth 100 points. She was allowed to use visual aids during her presentation, with setup time as part of her 20-minute delivery. As part of her presentation, Megan had to answer any questions from the potential buyer (judge).

Included in her presentation, Megan knew that she was selling to a target customer who was in a snack sales and distribution business in a suburban community approximately 20 miles from a major metropolitan area. The business was planning to purchase personal digital assistants (PDAs) or pocket personal computers PCs (pocket PCs) for its 50 salespeople. The business wanted immediate feedback from its sales force about their sales in the field and the orders they have taken, so wireless Internet should be discussed. In addition to the PDAs or pocket PCs, each salesperson would need a portable printer to use in the field. She was selling PDAs or pocket PCs that had to have minimum requirements such as: ability to run computer applications such as Word and Excel, wireless Internet capability, can be upgraded to a 128 MB minimum, and should possess infrared technology.

Megan also completed a 100-point test in Technical Sales Marketing. Questions for this test may come from Marketing classes, Entrepreneur-

ial courses, Computer classes, Math classes, job-related experiences and other sources. Once the two tests were completed, the two scores were combined and Uhl was the overall champion and Hinton DECA's first state champion!

Along with Megan, Sara Baldwin, freshman, will be attending the DECA ICDC. Sara will be attending a Leadership Development Academy for two full days of intense leadership/team building skills. Following her sessions, Baldwin will participate in a Leadership Academy Graduation and will receive a certificate of completion for her involvement in the Academy. There is no doubt that this young person will join Miss Uhl as being two of our leaders for Hinton DECA in the next few years.

As these two young people prepare for this great opportunity, they should be commended on their current leadership skills in DECA, as well as their intense work ethic. They both have put in a lot of time studying and participating in various activities. Many of these activities include fundraising so that they may cover the costs of their flight tickets, room/board, registration and a couple of "fun" events. Any donation to Hinton DECA in either of these two girls' name would be greatly appreciated.



Sophomore:
Megan Uhl

Cisco Class

By Mr. David Attrill

This certificate program was developed in response to the growing demand for network technicians throughout the world. Cisco is recognized as an industry leader in developing computer network hardware such as routers, switches, hubs, etc. Western Iowa Tech is a Cisco Regional Training Academy with Hinton Community School as a local academy that has Cisco certified instructors trained to deliver the Cisco curriculum.

Below, students Jeffrey Tullier and Travis VanHolland, get hands on experience on making a working network. They will wire computers together so that they will communicate with each other. This is leading them towards learning how the internet works and to programming routers for the World Wide Web.



Junior Achievement Comes to Hinton

By Mrs. Mary Daniels, D-6 Counselor

Junior Achievement has an eighty-year history of collaborating with American schools to educate and inspire young people to value free enterprise, business, and economics in order to improve the quality of their lives. This spring, as a part of the guidance career awareness curriculum, parent volunteers are teaching the Junior Achievement program to students in kindergarten through grade three. Concepts in economics and business are introduced through a variety of activities in the classrooms over the course of five weeks. The response from students and teachers alike has been very positive, and plans are underway to include the upper elementary grades in this program next year. We wish to thank the following parents for taking time from their work schedules to meet with our students: Nicole Freeman, Barbara Lindquist, Debra Kehrberg, Cheryl Sitzmann, Lori Hasselquist, Lori Lorenzen, Sara Chinn, and William Kallsen.

Parents interested in helping with the Junior Achievement program next year are invited to call Mrs. Daniels at the school, 947-4328.



.....

DARE Graduation Held

By Mrs. Mary Daniels

D.A.R.E. (Drug Abuse Resistance Education) graduation ceremonies were held for Hinton's fifth graders on Thursday, March 25 at 7:00 p.m. in the school gymnasium. Deputy Sheriff Lynn Steckelberg hosted the program, which culminated a semester of weekly classes in which students learned about illegal drugs, their effects on the body, and how and why it is important to resist becoming involved with them. Senior Peter Coffin was the guest speaker at the graduation program. He talked about the influence his family had on the decisions he has made during high school, and about his experience of working toward and earning the Eagle Scout award, the highest rank in Boy Scouts. He told students that it is important to think about what you want to do with your life and not let alcohol or other drug abuse ruin your goals. Eight students were announced as winners of the DARE essay contest. They are Kelsey Anfinson, Nick Beeck, Jaclyn Dehner, Kaleb Hays, Emily Knop, Jade Norton, Austin Schwaderer, and Riley Wenzel. They were awarded medals and a trip to Adventureland in June with other Plymouth County essay winners. Each graduate was presented a certificate and a D.A.R.E. t-shirt. The DARE program is funded by the Plymouth County Sheriff's Office. Money confiscated in drug raids is used to partially fund expenses.



Guest Speaker:
Senior Peter Coffin

